

# THE RILEY BUGLE CALL

# May 2007

Community Action Council
May 16, 2007 10:00 am
Riley's Conference Center

Welcome-Introductory Remarks
COL Thomas T. Smith
Garrison Commander, Fort Riley, Ks
CSM Michael Mathews
Garrison CSM, Fort Riley, Ks

<u>Presentations</u> Heartworks, Fort Riley, Ks

# **Announcements**

# **Irwin Army Community Hospital (IACH)**

• Army Develops a Behavioral Health Website

The Army has launched a website for soldiers, family members and others with questions regarding mental health. The site includes information on behavioral health needs before, during and after deployments, pre and post deployment health assessments, post-traumatic stress disorder, suicide prevention, battle-mind training and other resources for soldiers and families.

- The site is www.behavioralhealth.army.mil
- o The site was created for U.S. Army soldiers and is specific to the issues faced by our soldiers.
- There is a page labeled "Get Answers," which allows people to submit specific questions to be answered by experts.
- The site is linked to pages for soldiers, couples, extended families, National Guard, Army Reserve or behavioral health providers.
- The site provides information on recognizing symptoms of stress disorders and tips to explain deployments to children of various ages.
- On-going developments for the site include information for Commanders, and other critical modifications to address the changing needs of Soldiers and their families.
- On-line Appointment Booking for Primary Care Appointments Beginning 1 Jun 07, beneficiaries can book their Primary Care routine, Follow-up and wellness appointments on line (this is for well baby, school physicals, etc). The service will be available 24 hours a day at <a href="https://www.tricareonline.com">www.tricareonline.com</a>.
  - Users must first register themselves and their family at the website under "Register Now," and follow the instructions.
  - o On-line service will provide directions, maps, contact information and IACH clinic hours.
  - o On-line service also provides information on dental and pharmacy services, creating a health journal and accessing health information and management tools.
  - o The on-line service is not for booking acute, OB/GYN, Orthopedics or any other non-routine appointments. Acute issues can be booked through 239-DOCS (3627).

- Irwin Army Community Hospital is now offering the human papillomavirus (HPV).
  - The vaccine, Gardasil<sup>®</sup>, is manufactured by the Merck Corporation. It is nearly 100% effective in protecting uninfected girls and women from infection by the four major types of HPV that cause abnormal pap smears, genital warts and cervical cancer. The HPV vaccine should be targeted to 11 and 12 year old girls, but may be safely given to those as young as 9 years and to women up to age 26. The primary vaccination series consists of 3 injections over 6 months. After the primary series, it is not yet known if future booster vaccinations might be needed. The primary components of the vaccine are made using a type of yeast. Anyone who is severely allergic to yeast, including risen breads and beer, should talk about this with their healthcare provider before receiving Gardasil<sup>®</sup>. HPV vaccination is available at Irwin Army Community Hospital with a prescription from a healthcare provider. Interested military families should discuss the possibility of vaccination at their next available appointment. More information is available at the Centers for Disease Control and Prevention website (www.cdc.gov/nip/vaccine/hpv/default.htmw) or from the Preventive Medicine Service at 239-7386.
- IACH Pharmacy hours extended and Internet refill orders

The hours will be 7:30am-6:00pm Monday thru Friday. On training holidays, the hours will be 7:30am-4:30pm. The pharmacy will remain closed on Saturday, Sunday, and all federal holidays. Internet refill orders will also be available at: <a href="http://iach.amedd.army.mil/sections/clinics/pharmacy/refills.asp">http://iach.amedd.army.mil/sections/clinics/pharmacy/refills.asp</a>

- Don't forget to manage your TRICARE coverage!
  - As the summer movement months rapidly approach, it is important to transfer family TRICARE Prime coverage. The TRICARE benefit is portable, meaning it is the same no matter where you go or where you live. TRICARE provides the following facts to assist military families in preparation and planning:
  - When you move to a new TRICARE region, you must transfer enrollment to the new regional contractor and select a new primary care manager. Failure to do this could result in expensive point-of-service charges or coverage interruption.
  - Complete the enrollment transfer at the nearest TRICARE service center after you arrive at the new location.
  - When you move, remember to update your information in the Defense Eligibility Enrollment Reporting System (DEERS). The on-line site is <a href="https://www.dmdc.osd.mil/rsl/owa/home or call 1-800-538-9552">www.dmdc.osd.mil/rsl/owa/home or call 1-800-538-9552</a>.
  - Retirees may transfer TRICARE Prime from one region to another without incurring additional charges.
  - TRICARE Prime enrollment fees are nonrefundable, so retirees and their families should make quarterly or monthly allotments if they anticipate moving to an area without TRICARE prime.
  - o TRICARE coverage travels wherever you do. For non-emergency care, Prime enrollees have to get prior authorization from their Primary Care manager within 24 hours of the appointment.
  - For emergency care, go to the nearest hospital emergency room and report the treatment to the primary care manager within 24 hours.
    - For more information, visit the TRICARE web site at <a href="www.tricare.osd.mil">www.tricare.osd.mil</a>

IACH UNVEILS PLAN FOR SCHOOL SPORT VACCINES AND PHYSICALS
 The staff members of IACH's primary care clinics are offering various times, day

The staff members of IACH's primary care clinics are offering various times, dates and locations to accommodate over 2,000 appointments for school age vaccines and physicals. The service is for Department of Defense beneficiary children who are participating in sports activities or enrolling in Fort Riley and local area schools. Children who need updated physicals or vaccinations for camp or other reasons may take advantage of this service. Several of the planned dates coincide with Fort Riley Training Holidays or Saturdays in hopes of easing the conflict of parental work schedules and appointment needs. Although these clinics will be offered from May through August, it is best that beneficiaries use the service at the earliest published dates so as to avoid the last minute rush in August. The requirements are that the children be escorted by an adult; bring Military Identification and existing shot records, if available.

The following times, dates and locations are provided:

8:00am-12:00noon May 17, 2007 Fort Riley Middle School

8:00-11:20am
 May 22, 25 & 31, 2007
 PC Clinic 1, IACH
 8:00am-4:00pm
 June 18, 2007 (1ID Holiday)
 PC Clinic 1, IACH

0	8:00-11:20am	June 6, 14 & 22, 2007	PC Clinic 1, IACH
0	8:00am-4:00pm	July 21, 2007, (Saturday)	CTMC, Custer Hill
0	8:00am-4:00pm	July 11, 17 & 26, 2007	PC Clinic 1, IACH
0	8:00-11:20am	August 10, 2007 (1ID Holiday)	PC Clinic 1, IAC

The Primary Care and CTMC appointments can be made by calling IACH Central Appointments at 785-239-3627. The clinic at the Fort Riley Middle School is for middle School attendee's, and appointments can be made at the Middle School.

### Fort Riley Dental Activity (DENTAC)

# Oral Health Initiative (OHI):

The OHI Program is underway and is getting rave reviews! Dental Fitness Classification 1 is the goal of this Department of Defense funded program. The Fort Riley DENTAC and local private sector dentists have teamed up together to ensure that all the routine dental needs are taken care of for Fort Riley's Soldiers. This is a no-cost voluntary program for the Soldier but it <u>does</u> require a referral by the DENTAC. Qualified Soldiers may receive dental care with the same private sector dentist that their family members see or any participating dentist in local area. We can refer you to a dentist in Abilene, Junction City, Manhattan, Riley and Topeka if you like—ask your DENTAC OHI Coordinator for your options. Note: The DENTAC <u>must</u> initiate all referrals otherwise the Soldier will incur the monetary responsibility for any fees. Referrals are easy. Stop by your dental clinic today to see if you qualify for the OHI Program!

# Dental Appointments:

- **Deploying Soldiers**: Deploying Dental Ready Soldiers is our top priority and foremost responsibility! We strongly encourage all deploying Soldiers to get a current dental examination and their dental appointments as soon as possible. When we have enough time we can do almost anything. When it comes to dental care, the "last minute" is a poor course of action. Furthermore, it is imperative that all deploying Soldiers tell the Appointment Desk Staff that they are deploying so that we can ensure a timely and properly sequenced dental care to meet all the Soldier's dental readiness needs before deployment.
- Routine Dental Care: We are experiencing difficulty in providing routine dental care for all Soldiers.
  With staffing shortfalls, the increased demand on our providers with the build up of 3 HBCT and the
  deployments this summer we are very busy providing World Class dental health care to those with
  considerable dental needs. In most cases, dental appointments for routine procedures are not readily
  available. We ask that those requiring routine dental care be patient or consider the OHI Program
  described above. Cleaning appointments may be available in about three to four weeks.
- Failed Dental Appointments are very costly not only to the DENTAC but to Soldier/Unit Readiness! Please call to cancel or reschedule your dental appointment as soon as you determine that you cannot make your scheduled appointment. This will allow us to give that appointment time to another Soldier. This will reduce our operating costs (think tax dollars) and allow us to take care of more Soldiers. Your dental clinic phone number is listed below.
- **Commitment**: We are committed to provide the Soldiers of Fort Riley a quality dental health care experience. We will do all that is humanely possible to take care of Soldiers dental needs. Don't wait for the last minute. Be proactive and help us help you by making an appointment with your dentist today.

# o Hours:

Dental Clinic Info	<u>Phone</u>	<u>Hours</u>
Dental Clinic #1 (Hospital)	239-7955	8:00am-5:00pm
Dental Clinic #3 (Custer Hill)	239-4261	8:00am-5:00pm
Dental Clinic #4	239-4174	8:00am-5:00pm

• **Dental Sick Call**: 8:00-10:00am (after 10:00am please call or be prepared to wait a while) After Hours, weekend or Holiday Dental Emergency: Report to the IACH Emergency Room

#### Red Cross Volunteers:

Red Cross Volunteer Dental Assistant Training Program: We have a Red Cross Volunteer Dental Assistant Training Class currently underway. The next class is not yet scheduled. If you are interested, please contact the American Red Cross Office at 239-1887 to get more information and to get your

volunteer packet started. We are always looking for Red Cross Volunteers to help out in other areas too and they can start anytime!

# <u>Directorate of Morale, Welfare, and Recreation (DMWR)</u>

#### **Upcoming Events of Note**

# • Spring Blood Drive

Fort Riley's Spring Blood Drive will be from 11:00am-5:00pm, May 15th and from 9:00am-3:00pm, May 16th at Riley's Conference Center.

The blood donations received will go to support Kansans and residents of surrounding states and every donor will receive a free t-shirt.

Individuals interested in donating blood for the Fort Riley Blood Drive are recommended to make an appointment by calling 1-800-Give Life, but walk-ins will be accepted throughout the blood drive.

### Garrison Commander's Spring Classic Golf Tournament

Gather your 4-man team and hit the greens at the Custer Hill Golf Course May 18th for the Garrison Commander's Spring Classic.

The tournament will kick-off at 1:30pm with a shot-gun start.

The \$40 per person fee includes green fees, cart rental and food.

The classic is open to the first 30 teams, so make your reservations soon!

Contact the Custer Hill Golf Course at 7-8-5-7-8-4-6-0-0 for additional information.

# • BOSS Rusty Club Tournament

In you love to golf, get your four-man team together and challenge other for great prizes and bragging rights! The fun begins at 9:00am on May 25<sup>th</sup> at Custer Hill Golf Course.

# BOSS to Six Flags over St. Louis

Spend your Memorial weekend in St. Louis with BOSS! Transportation will be provided and will leave May 25th and return May 27th. The weekend will include a trip to Six Flags over St. Louis. To register, or for additional information you can contact ITR at 785-239-5614 or 785-239-8147.

# • Two Steppin' A Night Out

Come to Riley's Conference Center from 6:00-10:00pm, June 1, 2007 for an evening of western food and line dancing. The \$10.95 reservation fee will include a salad, entrée, side dish and dessert. Music will be provided by DJ Big Daddy Brooks and a cash bar will be available. Reservations will be accepted until May 25th and tables will be arranged for requested group size. A complimentary Sunday ticket to the Country Stampede will be provided with each ticket purchased for Two Steppin' A Night Out. For additional information contact Riley's Conference Center at 784-1000.

#### Wheelin N' Reelin

Disabled veterans, Soldiers and their family members from Fort Riley and surrounding communities are invited to the first ever Wheelin N' Reelin fishing event. The fun will begin at 10:00am on June 2nd at Fort Riley's Moon Lake. The facility will be handicapped accessible and fishing equipment will be provided. For additional information contact 785-239-6398.

# BOSS Whitewater Rafting Adventure

Join BOSS on another great trip to Fort Carson, Colorado for a whitewater rafting adventure, on June 8th and 9th. Participants will need to bring a sleeping bag, sleeping mat, rafting clothes, and camping clothes (flip-flops are not rafting shoes). There will only be 14 spots available for this trip, so sign up now! Interested individuals can sign up at ITR by calling 239-5614. The registration fee for the trip is \$100 and half is due upon sign-up. The final payment must be received by May 16th.Transportation will leave from ITR at 11:00pm on June 7th.For additional information about the whitewater rafting trip call 239-8147.

#### • Missoula Children's Theater

The Directorate of Morale, Welfare and Recreation and Child and Youth Services are proud to welcome the Missoula Children's Theater back to Fort Riley for another wonderful theater production. This year's play will be The Wiz of the West and roles are available for children entering 1st through 12th grades. Group auditions will begin at 9:00am, June 11, 2007 at the Middle School Teen Center gymnasium. Character roles are available for 50 children, there is no guarantee everyone will be cast in the play. Participation in the theater production is free and rehearsals will be conducted daily from 9am to 11am and noon to 2:30pm, June 11th to June 16th, not all cast members will be required at each rehearsal.

Two performances are scheduled: 3:00pm and 7:00pm, June 16, 2007 at the Middle School Teen Center gymnasium. For additional information call 239-4723.

#### **Business Operations**

• **Custer Hill Lanes** Bldg. 7485 (785)239-4366

Monday Closed for Bowling
Tuesday-Friday 11:00am-Close
Saturday 12:00noon-Close
Sunday 4:00pm-Close

Strike Zone Snack Bar

Monday - Friday 11:00am -1:30pm (Open for Lunch)

Tuesday - Friday 5:00pm-Close Saturday 12:00noon-Close Sunday 4:00pm-Close

Strike Zone Bar Hours

Sunday & Monday Closed

Tuesday-Saturday 5:00pm-Close

Family Night Friday's:

6:00pm-9:00pm, 15.00 per lane, up to 8 bowlers. \$2.00 Shoe Rental per person.

Strike Zone snack bar opens at 5:00pm

• Custer Hill Golf Course Bldg. 5205 (785)784-6000

Snack Bar is open daily for lunch Monday-Friday from 11:00am-1:00pm.

May 25<sup>th</sup> - BOSS Rusty Club Tournament

Garrison Commander's Spring Classic Golf Tournament

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The \$40 per person fee includes green fees, cart rental and food. The classic is open to the first 30 teams, so make your reservations soon! Contact the Custer Hill Golf Course at 7-8-5-7-8-4-6-0-0-0 for additional information.

# • BOSS Rusty Club Tournament

In you love to golf, get your four-man team together and challenge other for great prizes and bragging rights! The fun begins at 9:00am on May 25<sup>th</sup> at Custer Hill Golf Course.

• Rally Point Bldg. 2600 (785) 784-5733 Regular schedule of events.

Rally Point: Late Night Hip-Hop from Midnight-4:00am every Saturday, with DJ Monroe, Come to the safest environment in town. Must have a picture ID and be 18 yrs of age to enter. There is a \$5.00 cover charge. Our Designated Driver program provides free sodas to the Designated Drivers (You may be wrist banded for identification).

• Riley's Conference Center Bldg. 446 (785) 784-1000

Hours are 7:30am-5:00pm. We cater to all who serve. Catering is available for receptions, hail & farewells, luncheons, weddings, etc. Off - site catering also available.

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#### Community Recreation Arts & Crafts Center Bldg. 6918 (785) 239-9205

**Free Class** – Crochet and Knitting class Monday evening 7:00pm call for more information. Have a craft class with your **coffee group**, come see the fun things that you can do, tour our facility!

#### EPSON SCRAPBOOKING CENTRAL –

Have your 12 x 12 scrap book page scanned and printed on <u>archival paper</u> and pigments, same size or reduced to a smaller album size. Have a customized scrap book page printed just for you (using your memorabilia to make a special background page to remember). Bring in your old photos (red and yellowed) we can improve and reprint them. Have those old slides printed into photos for that special album. Archive those old photos, negatives and slides on a CD

#### Custom Services

- Professional Matting & Framing: Our shop has over 500 frame molding choices and only the highest quality conservation, preservation mattes for your valuable pieces. Stop in and get a free estimate.
- Imprint Shop: We offer computerized engraving and sublimation printing for plaques and mug imaging. Units and group discounts given to our military customers
- o **Laser Engraver**: The NEW engraver is able to cut into wood, plastic, glass and mirror. Stop in, take a look at our samples and see what we can do!

# Automotive Skills Center, Bldg 7753 239-9764/4028

Wednesday -Friday 1:00-9:00pm

Saturday-Sunday 9:00am–5:00pmBasic Automotive Repair Class

1st and 3rd Thursday of each month from 6:00-7:00pm

# Advanced Automotive Repair Class

2nd and 4th Thursday of each month from 6:00-7:00pm. These classes are open to active duty Soldiers, retirees, dependents, reservists, National Guard, DOL, and DOD civilians.

# Outdoor Recreation Center (ODR), Bldg 9011 (785)239-2363/6368

Fort Riley's Outdoor Recreation Center is open six days a week currently. The facility will be open from 9:00am-6:00pm, Monday through Saturday. The weekend rental rates will be available from Saturday through Monday for equipment available from the Outdoor Recreation Center. For additional information, contact 785-239-2271.

• Canoe and Camping Trip Join Fort Riley's Outdoor Recreation Center for their Canoe and Camping Trip has been rescheduled for June 8<sup>th</sup> and 9<sup>th</sup>. The trip will include canoeing on the Blue and Kansas Rivers with one night of camping under the stars. The \$45 per person fee includes 2 meals, canoe, paddles and personal flotation devices. Participants will leave from the Outdoor Recreation Center at 4:00pm on June 8, 2007. For additional information contact the Outdoor Recreation Center at 785-239-2249. Individuals must attend a pre-trip meeting at 4:00pm on June 5th to participate. Wednesday –Friday 1:00-9:00pm Saturday-Sunday 9:00am–5:00pm

# Horseback Riding

Enjoy the beautiful scenery of the Flint Hills by horseback. Three sessions will be provided transportation from the Outdoor Recreation Center to Sun Rock Ranch for an hour and half of horseback riding across trails on the ranch, June 16, 2007. The first group will leave from the Outdoor Recreation Center at 8:30am, the second session will leave at 10:30am and the final session will leave at 1:30pm. The maximum is 5 riders per group. The cost is \$25 per person and participants must register by June 14, 2007. Interested individuals can contact the Outdoor Recreation Center at 239-2363.

# Information, Ticketing & Registration (ITR) Bldg. 6918 Trooper 239-5614

Monday – Friday 10:00am - 6:00pm Closed Saturday, Sunday & Holidays

• GREAT TRAVEL DEALS...

- Heartland Park Topeka Start your engines! The 2007 race season is here and HPT has more racing than ever before! Great family entertainment all year long. Upcoming Race - June 1st-3rd, 19th Annual O'Reilly NHRA Summer Nationals. Must order discount tickets NLT May 23<sup>rd</sup>.
- Kansas City Royals The Kansas City Royals will continue to honor individuals in all branches of military service in 2007 with the creation of the Military Monday's program. All active and retired military personnel and their families will receive complimentary admission to any Monday home game during the upcoming season. In addition, members of the military will receive half-price tickets to all other home games, excluding the St Louis Cardinals series. Individuals must present a valid military photo ID. Tickets will be limited to the individual and three family members. Tickets will be distributed only on game days at the Guest Ticket Window 90 minutes prior to game time. Military Appreciation Night, which will feature pre-game ceremony honoring local heroes, is set for Saturday, June 16th as Kansas City takes on the Florida Marlins at 6:10pm. The first 20,000 fans in attendance will receive a free "Stars and Stripes" Royals cap. Special discount tickets are now available at ITR, Bldg 6918. Bus transportation will be provided at an additional charge.
- Worlds of Fun Scream on roller coasters and thrill rides. Tap your toes to live shows. Meet the Peanut characters in Camp Snoopy. Oceans of Fun the Midwest's largest tropically themed water park-offers 60 acres of splashing excitement and fun for every member of the family opens May 26th. Family fun for all ages and at a military discount through ITR.
- Country Stampede is coming to Tuttle Creek State Park in Manhattan, June 21st-24<sup>th</sup>. Complimentary tickets are now available for military ID card holders for "O'Reilly Sunday Fun Day" featuring Gary Allan, Phil Vassar, Neal McCoy, Steve Holy and Marty Raybon. Upgrade your ticket at ITR to a 4-Day for only \$65.00 plus service fee. For further information on these great deals or to find about other discount tickets and packaging call 239-5614 or 239-4415.

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# Fort Riley Library Bldg. 5306 239-5303

Tuesday - Saturday 11:00am-6:00pm Sunday -12:00noon-5:00pm Closed Mondays

#### Story Times:

May 12th - "Oh My Little One"

Mothers day story time we will be making we will be making sun catchers for the mothers.

May 16th - "The Library Dragon"

May 19th - "The Library Lion"

The Fort Riley Summer Reading Program will kick-off from noon to 5:00pm, May 26, 2007 with food, games and finger and face painting. This year's theme will be "Get a clue at your Library" and will include weekly activities with new clues. Children ages 2 to 16 are encouraged to participate. For additional information contact the Fort Riley Library at 239-5305.

# **Sports Bldg. 202 239-3945**

#### • Fort Riley 10-5-2 Mile Prairie Run

The race will be open to military and civilian runners. The races will begin and end at King Field House, building 202. Packet pick-up will be from 6:00-6:45am and the first race will begin at 7:00am on July 21, 2007. The five and 10 mile races will begin at 7:00am and the two mile race will begin at 7:10am. An awards ceremony will begin at 9:15am. There is a \$12 entry fee for registrations received before July 11th and a \$15 entry fee for registrations received from June 12th to June 20th, there will be no same day registration. A t-shirt will be given to every participant. For active duty military stationed at Fort Riley, the 10-mile is a qualifier for the Army 10-miler in Washington D.C.

### Outdoor Pools Open May 26

**Custer Hill Pool** 

Bldg. 7465, 239-5860, Open Memorial Day thru Labor Day 11:00am – 8:00pm, daily

#### **Main Post Pool**

Bldg. 448, 239-6972, Memorial Day – TBA Noon – 6:00pm, daily

#### **Fees**

May 26, 2007 through Sept 3rd, 2006

#### **Daily Entry Fees**

\$1.50/ ID card (12yrs and under must be accompanied by an adult)

\$2.00/Guest (may be "signed in" by an active duty soldier, spouse of active duty soldier or retiree) 3yrs and under free (with paying adult)

#### **Season Passes**

	Single	Family
Quarterly	\$35.00	\$50.00
Semi-Ann	\$60.00	\$80.00
Annual	\$110.00	\$150.00

#### **Swim Lessons**

Session I

June 4<sup>th</sup>-18th 11:00am-8:00pm Custer Hill Pool June 18<sup>th</sup>-29th 11:00am-8:00pm Eyster Pool

Session II

July 2<sup>nd</sup>-16th 11:00am-8:00pm Custer Hill Pool July 16th-27th 11:00am-8:00pm Eyster Pool

Session III

Aug 6<sup>th</sup>-20th 11:00am-8:00pm Custer Hill Pool Aug 20<sup>th</sup>-31st 11:00am-8:00pm Eyster Pool

#### Pool Celebrations

#### Hawaiian Luau

Come join us June 23, 2007 at Custer Hill Pool from 7:00-9:00pm for our 2nd annual luau. The games, treats, decorations and prizes are returning for this tropical celebration. FREE!!!

#### 4th of July Pool Bash

This patriotic party was such a hit last summer we had to bring it back this summer! You don't want to miss out on this "splash bash" on July 4, 1:00-4:00pm at Custer Hill Pool! Cost is \$5 per family.

#### Back to school at the pool

Our back to school pool party is sure to make you excited about the new school year. Our "back to school" prizes are awesome, maybe even a little educational. Be the perfect student at the pool. \$5 per family

For more information, please call 239-3945/2172 or 239-3146.

# BOSS, Bldg 253 239-8147

#### BOSS Rusty Club Tournament

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#### BOSS to Six Flags over St. Louis

Spend your Memorial weekend in St. Louis with BOSS! Transportation will be provided and will leave May 25th and return May 27th. The weekend will include a trip to Six Flags over St. Louis. To register or for additional information contact Information, contact Ticketing and Registration at 785-239-5614 or 785-239-8147.

# BOSS Car Wash

BOSS will be conducting a benefit car wash beginning at 8:00am, June 2, 2007 at the Fort Riley Post Exchange. Donations will be accepted during the car wash to benefit the BOSS program. For additional information you can call, 239-8147.

#### BOSS Whitewater Rafting Adventure

Join BOSS on another great trip to Fort Carson, Colorado for a whitewater rafting adventure, on June 8th and 9th. Participants will need to bring a sleeping bag, sleeping mat, rafting clothes, and camping clothes (flip-flops are not rafting shoes). There will only be 14 spots available for this trip, so sign up now! Interested individuals can sign up at ITR by calling 239-5614. The registration fee for the trip is \$100 and half is due upon sign-up. The final payment must be received by May 16th. Transportation

will leave from ITR at 11:00pm on June 7th. For additional information about the whitewater rafting trip call 239-8147.

# Soldier and Family Support Center(SFSC) Bldg 7264 (785) 239-9435

- Army Family Team Building (AFTB): If you are new to the Fort Riley area and are interested in learning about resources that are available to you or find that everyone seems to be speaking another language that sounds more like alphabet soup than words, then you could benefit from the Army Family Team Building (AFTB) Level One classes.
- Level One, Two and Three classes are offered at the Armed Services YMCA in Junction City on designated Fridays 11:30am-2:30pm with free childcare on site. You <u>must</u> contact the AFTB Program Manager to pre-register your children. The dates of upcoming classes are 18th May, 1st and 15th June. For more information or to speak to the Program Manager please call 239-9435. If you, your unit/battalion, Family Readiness Group or other group would like to schedule separate Level I, II or III classes, please contact the Program Manager. These classes can be held at your location or at the Soldier and Family Support Center (room permitting). There is a minimum of five people required to hold a class and two weeks notice is needed for planning.
- ARMY VOLUNTEER CORPS Volunteers are always needed and welcome. If you are tired of sitting around the house and would like to contribute to our community, come on out and get involved, volunteer. We have a variety of opportunities to gain job experience, training, learn a new vocation and gain job skills. You can contact the Army Volunteer Coordinator for more information by calling 239-9435 or by stopping by building 7264. Please submit volunteer hours to the Installation Volunteer Coordinator at Building 7264. You can mail, e-mail or drop off volunteer hours at Soldier and Family Support Center, Building 7264, Fort Riley, Kansas 66442 or email hours to becky.willis@us.army.mil.
- Exceptional Family Member Program (EFMP)
  - Eligibility for respite care funding will be based on EFMP enrollment, exceptional family member's medical condition and deployment needs. Soldier and exceptional family member must be enrolled in program. The qualifying family is eligible to receive a maximum of 16 hours of respite care monthly for each certified exceptional family member. If family receives respite care funds from another source, they would not qualify for EFMP respite care funds for that month. Contact Army Community Service, Exceptional Family Member Program at 239-9435.
  - NPSP & EFMP Pool Party Come gather with other families at the Custer Hill Swimming Pool from 12:00-2:00pm on 21st June and enjoy a cook out and swimming. Food and drinks are provided. You bring the babies, blankets, towels, water toys, and sunscreen.
  - o **EFMP Summer Camp** Start preparing for 6th July to attend the Rock Springs 4-H camp. Must have RSVP by 26 June 2007. Children need to be enrolled in EFMP. Parents need to provide the transportation. Lunch and snack will be provided. Bring swimming gear and good walking shoes.
  - Junction City Special Needs Rodeo 21st July starting at 5:00pm. Children 4 years old and older are invited to enjoy this exciting and fun event. Located at the 4-H center on Spring Valley road. Come meet the cowboys and cowgirls of the Junction City Rodeo Association, rope a steer, ride a horse, and have a great time. This event is organized by EFMP.
  - Oh! Oh! Baby It's Your Day!! Open to all military families who have children from birth to Kindergarten. Services offered will be Ages & Stages Assessment, Vision and Hearing. Each month an education theme will be offered. Each assessment will meet at the Soldier Family Support Center, Bldg 7264. Screening dates will be:
    - 12 June 9:00-11:30am
    - 13 June 2:00-5:30 pm
    - 12 September, 2:00-5:30pm
    - 10 October, 2:00-5:30pm
    - 14 November, 2:00-5:30pm
    - 12 December. 2:00-5:30pm

For more information call EFMP or NPSP at 239-9435 or Geary County Infant Toddler Services 762-

Family Advocacy Program

Family Advocacy Program promotes child safety summer campaign 2007!

**Spider Man** will speak to the community about "Bullying and Child Abuse Prevention." Two presentations are scheduled for Friday, 15th June. There is a morning event held at the12<sup>th</sup> Street Junction City Community Center Summer Program 10:00-11:00am. The evening event held at Long Gym Bldg. 8069 Fort Riley at 5:30-7:00pm. Events are free and open to the public for military and civilian families.

# Mobilization & Deployment / Family Readiness

The New Operation Ready materials are at ACS, which we are using to teach all classes. In order to cover all the new information, we will have two FRG Classes each month, part 1 and part 2. When you sign up for the class, we will get an e-mail address and send you the FRG Overview for you to read before coming to the first class. All classes will be on Thursday and will be held on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday. Slides will be provided for each class taught. We can also come to your unit to teach the classes you want us to teach, on an as needed basis. (Minimum of 5 participants will be required)

- The New Operation Ready materials are at ACS, which we are using to teach all classes. In order to cover all the new information, we will have two FRG Classes each month, part 1 and part 2. When you sign up for the class, we will get an e-mail address and send you the FRG Overview for you to read before coming to the first class. All classes will be on Thursday and will be held on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday. Slides will be provided for each class taught. We can also come to your unit to teach the classes you want us to teach, on an as needed basis. (Minimum of 5 participants will be required)
- o 17th May, 6:00-8:00pm **FRG Basic Class #2** We will cover the following modules:
  - "Resources and Funding for FRGs"
  - "FRG's Tasks in the Deployment Cycle"
  - "FRG's Role in Unit Casualty"
  - "Expectations and Role of FRG Volunteers"
  - "Dealing with the Media"
- o 7th June, 9:30-11:30am FRG Basic Class #1 We will cover the following modules:
  - "Getting Started" "How to be an Effective FRG Leader",
  - "FRG Leader and Unit Leadership Partnership for Effective FRGS"
  - "Communicating with Families"
- 21st June, 9:30-11:30am FRG Basic Class #1 We will cover the following modules:
  - "Resources and Funding for FRGs"
  - "FRG's Tasks in the Deployment Cycle"
  - "FRG's Role in Unit Casualty"
  - "Expectations and Role of FRG Volunteers"
  - "Dealing with the Media"
- o 13th June, 6:00-7:30pm Funds Custodian Class
- o 14th June, 9:30-11:30am Point of Contact Class
- o 20th June, 6:00-8:00pm Stress Management Class

Please register in advance and bring shot records for free childcare. All classes are held at SFSC Bldg 7264. To register call, 239-9435

#### Monday Spouse Activity Dates and Events

21st May, 9:00am-12:00noon, Prepare Care Packages

11th June, 6:00-8:00pm, Movie & Popcorn

25th June, 9:00am-12:00noon, BUNKO

Please register in advance and bring shot records for free childcare. All classes are held at SFSC Bldg 7264. To register call, 239-9435

#### Child and Youth Services (CYS) (785) 239-4920:

All CYS programs will be closed on Federal Holidays

28th May 2007 Memorial Day

- CYS Central Enrollment Registry (CER),
  - Must be registered in CYS to participate in all CYS programs
  - Hours of Operation: Monday–Friday, 8:30am-5:30pm

 Annual registration fee is \$18.00 per child, or \$40.00 per family. CYS registration may be transferred to a new duty station upon PCS.

Contact CER at 239-5077/4847 for information, or to make an appointment to enroll in CYS

- **Spring Art Explorers Workshops** Child & Youth Services Bldg 6620 Fine Arts Room. Costs: \$50.00 per workshop. Each workshop will cover different exciting medias and projects. May 21st-24<sup>th,</sup> 5:30-6:30pm for 11-18 year olds, 6:30-7:30pm for 5-10 year olds
- Private Piano Lessons Middle School Teen Center, Bldg. 5800, Monday and Wednesdays from 6:00-8:00pm & Saturdays from 10:00am–1:30pm for half-hour individual lessons a.m. for half-hour individual lessons, \$60.00 a month. NEW INSTRUCTOR
- **Gymnastics Class & Team** Child & Youth Services Bldg 6620 Costs \$35.00 monthly, Tuesday 5:00-6:00pm for 5-7 years, 6:00-7:00pm for 7-9 year olds, Tuesday 7:00-8:00pm for 10-15 year olds, Wednesday 4:30-5:30pm 3-5 years, 5:30-6:30pm for 4-6 years old, 6:30-7:30pm for 6-8 years old, Thursday 5:00-6:00pm for 3-5 years old, 6:00-7:30pm TEAM (by invitation please) Costs \$45.00 monthly.
- Gymnastics Summer Camps

June 11th-15<sup>th</sup> & 25th-29<sup>th</sup> July 9th-13<sup>th</sup> and 23<sup>rd</sup>-27<sup>th</sup>

3-6 year olds meet from 12:00noon-1:30pm for \$45 per week

7-15 year olds meet from 1:30-3:30pm for \$55 per week

- **Daytime Dance Dynamo** Middle School Teen Center Bldg 5800 Costs \$35.00 monthly, Wednesday 3:00-3:25pm & 3:30-3:55pm for 3-4 year olds, 4:00-4:45pm and 5:00-5:45pm for 5-7 year olds
- Creative Dance and Ballet Middle School Teen Center Bldg 5800 Costs \$35.00 monthly, Wednesday evening 6:00-6:45pm for ages 5-10
- **Tap Dance & Creative Dance** Middle School Teen Center Bldg 5800 Costs \$35.00 monthly, Wednesday evening 7:00-7:45pm for ages 5-10.
- Strings Class for 5-18 year olds. Location: Middle School Teen Center, Music & Dance Room, Beginning April 5<sup>th.</sup> Costs: \$40.00 per month Thursdays 5:00-5:30pm, 5:30-6:00pm & 6:00-6:30pm & Saturdays at 10:00-10:30am, 10:30-11:00am, and 11:00-11:30am. Instruments are available to rent for \$10.00 monthly. No physical required.
- Home Alone Training Course, 10 and up and is scheduled for March 19<sup>th</sup>, & May 14<sup>th</sup> Cost is \$10.00 if youth are not registered with CER. If students wish to keep the books there is an additional \$10.00 charge per book. Parents are encouraged to attend the last 30 minutes of the class. The class is free to children already enrolled in CYS. Class is free for youth registered in CER.
- Red Cross Babysitting Course, ages 11 and up
  Fee: \$10.00. If students wish to keep the books there is an additional \$10.00 charge per book. Call
  CER for more information at 239-5077/4847. With parental permission, all youth (12-18 years old) who
  successfully complete the course are eligible to be included on the Fort Riley Teen Babysitter Referral
  List. Books are also available for checkout after completion of class. Next course May14<sup>th</sup>.
- American Red Cross First Aid and CPR for Teens Middle School Teen Center Bldg 5800 May 19<sup>th</sup> Costs \$30.00 which includes both CPR & First Aid cards. This is for ages 11-18 years old. Bring a sack lunch.
- MATH Solutions for Middle & High School Youth. Child & Youth Services Bldg 6620. Tuesday 6:00-6:45pm & 7:00-7:45pm, Wednesday 6:00-6:45pm, Costs: \$40.00 per month, Maximum of 6 per session. Registration is open.
- Cheerleading & Dance Child & Youth Services Bldg 6629, Thursday 6:00-7:00pm, Ages 6-10, Costs: \$35.00. Registration is open currently.
- Private Riding Lessons, Ashwood Farms, English or Hunt Seat, Packages of 6 lessons for \$199.00 or individually for \$40.00. No refunds on packages. Enroll at Central Enrollment Registry. Sports physical is required. This is a weather permitting sport.
- **Gardening** Child & Youth Services Bldg 6620, Saturdays: 9:00-9:45am & 10:00-10:45am. Ages 6-18, Costs: \$35.00. Classes begin May 5<sup>th</sup>, with a minimum of 5 participants.

- Junior Golf Custer Hill Golf Course with the Golf Pro, Ages 6-10 Tuesday 5:15-6:00pm and Ages 11-18 Thursday 5:15-6:00pm. Costs: \$60.00 per workshop. Sessions: May 15th-June 21st, July 10th-August 16th & August 28th-October 4<sup>th</sup>. Register at CYS
- MAY CLASS: Additional Dance lessons and tumbling classes.
- JUNE CLASSES: Drums & Percussion, Guitar
- Coming attractions: Tae Kwon Do, Flute, Hula, Hip Hop Dance
- Instructors Needed Instructors are needed for a variety of classes including: Drama & Theater,
  Foreign Languages, Conditioning/ Fitness Instructor, Yoga, Rock Climbing, musical instrument
  instruction, sporting camps, any classes that would focus on young children are also in demand.
  Call us if you have a skill that you would like to teach to any age student, 239-4723 or email
  rashelle.anderson@us.army.mil with Instructor in the subject line. To enroll, children or youth must be
  registered with CYS. A current sports physical is required (less than one year old) at the time of
  registration.

Outreach Services. Please call 239-4723/ 9850 for more information. Additional details apply.

### Parent Advisory Council (PAC)

PAC meets the first THURSDAY of each month from 4:00–5:00pm in the training room at Bldg 7434. Patrons can receive points towards a 10% discount on their childcare fee.

### **Volunteer Child Care in a Unit Setting (VCCUS)**

This program allows groups to provide care for a "sister" group of their choosing. Each group has their own volunteers who are trained by CYS at a one time, four-hour training session. Upon completion of the training, they may then provide care for each other as long as the parents remain in the same facility.

#### **Child Development Center (CDC)s**

- Warren Road CDC is accredited by the National Association for the Education for Young Children (NAEYC). In the process of being Re-Accredited
  - Hours of Operation are 6:00am–6:00pm
  - Serves children ages six weeks to preschool age
  - o Provides full-day, part-day preschool, and hourly care is available.
  - o 2<sup>nd</sup> & 16th, 10:00am-1:00pm, free hourly care is available at the CDC for children of deployed soldiers. Children ages six weeks through Kindergarten are eligible for the free care at the CDC. Lunch will be served to the children at 11:30am. Children must be registered with CYS to participate in this program, and parents must make a reservation by noon on Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations. Call 239-4744/9935

#### **Normandy Drive CDC**

Hours of Operation are 6:00am-6:00pm

Serves children ages six weeks to Kindergarten

Provides full-day & Pre-K (still have vacancies)

**Kinder summer camp** starts May 29<sup>th</sup>. Call CER for information at 230-4723/9850.

# Family Child Care (FCC) Program

FCC consists of care offered in on-post or qualifying off-post homes by adults meeting FCC certification requirements. Homes are inspected and monitored regularly.

- FCC homes provide care between the hours of 6am-6pm, and may provide extended and overnight care in the evenings and on weekends for duty related needs. FCC providers offer flexible hours that may better meet the needs of those requiring childcare for extended periods, as well as childcare for shift workers.
- Serves children six weeks to 12 years for single military and four weeks to 12 years of age for dual military.
- o Provides full day, part day, and hourly care available.
- o Care is in a small group setting with home atmosphere.

Registration for childcare in FCC homes is through the CYS Central Registration office at 239-9478.

#### **Family Child Care Home Providers**

Adults wanting to become certified FCC providers are invited to attend an FCC informational briefing. The orientation/informational briefing is scheduled for the second THURSDAY of each month from 1:30–3:00pm in Building 6620 Normandy Drive. Call 239-4313, for more information.

### School Age Services (SAS):

This elementary school age program is nationally accredited by the National After School Association (NAA).

- o SAS is located in Bldg. 5810
- Hours of Operation is Monday-Friday, 6:00am-6:00pm
- Provides Before and After School programs for 1<sup>st</sup> -5<sup>th</sup> grades
- o Transportation is provided to and from on-post schools.
- o Transportation is provided for Hourly Care children. Parents <u>must</u> make reservations by noon the day prior, at which time SAS will notify the schools.
- o Breakfast is served until 8:00am and lunch and snacks on school out days.
- Open Recreation (hourly care)
  - Available Monday-Friday, 3:30–6:00pm on school days, 1:30–6:00pm on early release days, and 6:00am–6:00pm on no school days for 1<sup>st</sup>-5<sup>th</sup> graders. Open Recreation each month. Reservations are required. Call 239-9220 for more information.
- Free Saturday Deployment Care: 5th & 19th May, 10:00am-1:00pm @ Warren Rd. CDC. Free hourly care is available for children of deployed soldiers. Lunch will be served at 11:30am. Children must be registered with CYS to participate in this program. Reservations are required by noon each Thursday prior to the Saturday opening. This program is subject to cancellation if there are not enough reservations. Call 239-4744/9935
- **School Age Services Events**: Summer camp registration began 30 April- ongoing. Camp starts May 29<sup>th</sup>. See fliers at CER and SAS. Parents can pay and reserve camp space by the week or month. Call 239-9220 for more information.

#### **Youth Services**

- The Fort Riley Youth Center, Bldg. 5800, is located on the corner of Thomas and Longstreet, call 239-9222.
- Middle School/Teen: 1:00-6:00pm, Monday-Friday. Programs are free with the exception of
  occasional trip fees. Programs include swimming, bowling, skating, sports, trips, creative arts,
  leadership programs and other activities of interest to youth. Pick up an activity schedule at the Youth
  Center.
- **Before School Care:** 6:00am-1:00pm, Monday-Friday, for MST youth with working parents. Program fees are weekly based on total family income.
- Evening/Weekend Hours: the Youth Center is open until 8:00pm Monday-Thursday, 11:00pm on Friday, and 2:00-11:00pm on Saturday. Stop by to pick up an activity schedule of dances and other planned recreation activities.
- Youth Sponsorship Program: For youth new to Fort Riley, and youth moving to a new installation from Fort Riley. We are looking for youth in Grades 6-12 to become youth sponsors. Parental permission and volunteer registration forms are required to register. Sponsors will earn valuable volunteer hours and be invited to participate in special newcomer-sponsor activities. To become a Youth Sponsor you will need to fill out a Youth Sponsor Application and a Youth Sponsor Agreement Form, plus attend youth sponsorship training. If you are a newcomer and would like to request a sponsor, you will need to fill out a Youth Sponsorship questionnaire. All of these forms can be picked up at the Teen Center, Bldg. 5800, the Soldier and Family Support Center, Bldg. 7264, or Child & Youth Services, Central Registration Office, Bldg. 6620. For more information, please feel free to call 239-9222.

#### **Youth Sports**

- Youth Sports Volleyball Camp Registration: Volleyball camp, August 6th-10th, cost \$20.00 (Registration May 7th-July 27th) –youth going into 5<sup>th</sup>-8<sup>th</sup> grade. Current CYS enrollment and sports physical required prior to camp registration.
- Family Fitness Night: June15th from 6:30-7:30pm. Come join us for a fun and entertaining evening of fitness for the entire family! Parents and their children will interact together in Fitness activities, including aerobic exercise, fitness games, and much more! (Parents must be present with their children) Family Fitness Night will be held at the Ft. Riley Teen Center Bldg. 5800.

Call 239-9223 for additional information on youth sports programs. We need volunteer coaches.

#### **SCHOOL LIAISON SERVICES**

Addressing issues with youth registration in the local school

Coordinating education transition related resources and points of contacts within school and community.

Collaborating with parents to ensure academic success.

Educating parents on the local school system policies, procedures, programs, and schedules.

Supporting home school families.

Supplying resource materials on primary secondary, and post-secondary education.

Sign up for the School Liaison Office In-Touch program to receive updates on school related topics.

# **USD 475 Junction City-Geary County Schools:**

USD 475 (Geary County-Junction City, Fort Riley, Milford, and

Grandview Plaza) website:http://www.usd475.org/

Tel: 785-717-4000

# **USD 383 Manhattan-Ogden Schools:**

USD 383 (Manhattan-Ogden) website: http://www.usd383.org/ Tel: 785-587-2000

### **FORSCOM Family Readiness Support Assistants**

The FRSA duties directly relate to the FRG mission fostering competent, knowledgeable, and resilient families by assisting the Commander and Volunteer FRG. The following are a list of the FRSA's here at Ft. Rilev:

- Site Manager, located in Bldg 404, RM 110 Pershing CT., 240-1251
- o 4th IBCT, located in Bldg 7834 Normandy Dr., 239-1639
- o 1st BCT, located in Bldg 7006 Siebert Street, 239-9926
- o CAB Assistant, located in Bldg 730, 240-1664
- TT Mission Assistant, located in Bldg 7033 Siebert Street, 239-1042

If you would like more information or would like to discuss what an FRSA can do for you, please contact your Brigade assistant, and they will be happy to set up a time to meet with you.

#### **Parent to Parent Program**

The **Parent to Parent** program is currently scheduling workshops for the fall. If your organization or FRG is interested is scheduling one of the following workshops, please contact 226-9164 or at rileyparent@yahoo.com:

- Keeping the Connection (for families and soldiers before and during a deployment)
- Smooth School Transitions
- Preparing Your Child for School
- The Road to Literacy
- o Math and Science for Your Little One
- Getting the Most Out of Homework
- Getting Organized: The Importance of Academic Portfolios
- Successful Parent/Teacher Conferences
- o Chart Your Course (for 7<sup>th</sup>-10<sup>th</sup> graders)
- The College Application Process
- The Financial Aid Process

The Parent to Parent program will also be hosting another Military Child Education Coalition's "*Tell Me A Story*" on Sunday, September 23<sup>rd</sup>. This will be a wonderful opportunity for all military families to enjoy.

"Tell Me A Story" seeks to empower military children by using literature and their own stories in a way that fosters skills for resilience, strong peer and parent connections, a sense of pride and accomplishment, and a caring community.

Each family in attendance will receive a copy of the book, <u>Night Catch</u>, and a "Family Traditions" workbook, and each child will receive a special object to help them remember the story. Please contact the Parent to Parent team at 226-9164 or at <u>rileyparent2parent@yahoo.com</u> if you have any questions or would like to make a reservation for this special event.

### **Directorate of Education**

### **EDUCATION SERVICES**

The Army Education Centers are offering GoArmyEd clinics every Tuesday at 9:00am and Wednesday at 1:30pm. The Clinics will be held at the Academic Resource Center (ARC), building 7656, 239-1549. The ARC, building 7656, effective 12th May, will be **closed on Sundays** until further notice.

### **Installation Chapel Office**

- Catholic Angels for Soldiers meet the second and fourth Friday of each month at St. Mary's Chapel, 3 Barry Ave., 6:00pm. Catholic Angels for Soldiers invite the families of deployed Soldiers to join them for a special mass on the fourth Friday of each month at 6:00pm. If you have a Soldier's name that you would like added to the prayer list or for additional information, call 785-230-5786.
- **Good News Club**, for the Protestant youth, is meeting again on Wednesday afternoons from 4:00–5:00pm, St Mary's Chapel basement, through May. A second Good News Club is forming at the Morris Hill Chapel at the same time. Call 239-0979 for additional information.
- A Protestant FRG prayer service is being planned for Normandy Chapel beginning the first Wednesday in May, 6:00 p.m. Watch for further updates.
- Kapaun Chapel All Family Retreat is scheduled for May 11th-13th at Rock Springs 4-H Camp, south of Junction City off Highway 77. Call 210-5714 with questions or to register.
- Child Care Providers Needed The Installation Chaplain's Office is looking for qualified individuals to provide child care for various chapel sponsored events. Qualifications: must be at least 18 yrs old, CPR certified (will train), and must pass a state background check (free). Flexible hours. If interested contact (785) 239-3557.
- **PWOC Bible Studies at Morris Hill Chapel**, 5315 Jackson St. This year's theme is "<u>Unity -- To Let the World Know</u>". Bible study hours are Tuesday, 9:00-11:30am and the Thursday evening group, 7:00-8:30pm. Child care for children birth to pre-school is provided. A home-school room is available, also. If interested in participating in a Fort Riley hospital ministry, there is a basket in the foyer of the Main Post Chapel for those wishing to donate items for layettes. For additional information, call 238-4351.
- Military Council of Catholic Women (MCCW) extends an invitation to meet with them every Wednesday at St. Mary's Chapel, 3 Barry Ave., 9:00-12:00pm. Mass is at 9:00am followed by fellowship and study group or a guest speaker. For the spring semester, the Adult Catholic Catechism is being studied with a focus on the sacraments. Childcare is provided to pre-school age. For additional information, call 762-6773 or 239-4815.
- Chapel Services, times and locations:
  - Gospel Morris Hill Chapel, 5315 Jackson St, 11:00am
  - o **Lutheran** St. Mary's Chapel, 3 Barry Ave, 9:00am
  - o **Protestant (contemporary)** Kapaun Chapel, 7086 Normandy Dr. 10:30am
  - o Protestant (traditional / blended) Main Post Chapel, 6 Barry Ave, 10:30am
  - Roman Catholic Sunday-Morris Hill Chapel, 9:00am, Sunday-St. Mary's Chapel, 11:00am, Monday, Tuesday, and Thursday-Irwin Army Community Hospital Chapel, 600 Huebner Rd., second floor, 12:00noon, Wednesday-St. Mary's Chapel, 9:00am Saturday-St. Mary's Chapel, 4:30pm.
  - Higher Ground Coffeehouse meets Fridays, 8:00-10:00pm, 8067 Normandy Drive. Fellowship, Bible study, worship, and entertainment are part of what happens at the Coffeehouse.

- Protestant Field Service with weekly Holy Communion, Sunday, 9:00am, Camp Funston (aka Camp Victory), Bldg 1981 Conference Room.
- o Note: Normandy Chapel remains under renovation.
- Jewish Information: Manhattan Jewish Congregation, 1506 Wreath Ave., Manhattan, KS. A Community Passover Seder is being planned for April 2nd, 2007. For service and event information, call 539-8462.
- Catholic religion classes for children Kindergarten through Confirmation Class and RCIA for adults meet Sundays (except holiday week-ends), 10:30-11:45am, to register, call 239-4815 or 239-4060.
- Catholic Teens meet Sundays, 6:30-8:00pm, St. Mary's Chapel, except holiday weekends and the fifth Sunday of a month. For additional information, call 239-4060.
- Strong Bonds Program for Building Healthy Soldier Relationships seeks to increase Soldier readiness by boosting skills in building and maintaining life-long relationships. Strong Bonds is the Commander's program executed by the unit chaplain, as lead officer, in collaboration with Community Health Nurses, Army Community Services, and Army Family Team Building. For additional information and training, contact a unit chaplain or call 239-3436, Family Life Ministries.
- **Pre-Marital Classes sponsored by the Family Life Chaplain** is held the first Wednesday of every month, 3:00-5:30pm at the Family Life Ministries Center, 405 Pershing Ave. These classes are required before a chapel wedding can be performed. For additional information and to register for the class, call 239-3436.
- Wounded Soldiers Outreach Support Group: Wounded Soldiers Outreach and Support Group (WSOS) meets monthly to provide wounded Soldiers and family members an opportunity to meet one another. The WSOS Group meets the first Tuesday of every month at Riley's Conference Center from 6:00-8:00pm. For more information call (785) 239-4375 or (785) 307-9085 (cell).

### Staff Judge Advocate

# <u>Department of Emergency Services (DES) (previously Provost Marshal Office (PMO)</u>

- Ft. Riley Police Bike Patrols will be out in March
- National Night Out Against Crime will be on 4 Aug 07 (Saturday). Volunteers please contact 239-8914
- There is a new **School Resource Officer/ DARE Officer**. If the parent or emergency contact of a child at any of the Ft. Riley Schools does not show up to pick up child 60 minutes after school is out. The Ft. Riley Police will safeguard the children at the schools until guardian shows up with proper identification. Ft. Riley Police will safeguard children after all other means of contacting parents and emergency contact have been exhausted.
- Children under the age of 10 years old will not be left unsupervised in family quarters. Children between 10 and 11 years of age may be left unsupervised in family quarters for no more than 2 hours. Children between 12 and 15 years of age may be left unsupervised in family quarters for 4 hours and children between the ages of 16 and 18 may be left alone no more than 48 hours at a time. (Ft. Riley Regulation 190-19)

#### **Picerne Housing**

Down Range Day Off – June 12<sup>th</sup>

Our next Down Range Day Off event will be a free luncheon and drawing on June 12<sup>th</sup> at Riley's Conference Center from 11:30am-12:30pm. The luncheon, which includes free childcare, is a great opportunity to enjoy some conversation and good times with other resident spouses of deployed Soldiers. As a way for Picerne to say "thank you" for their contribution and sacrifices to our country at least 48 lucky winners will receive prizes that will enable them to take the "day off" from their busy schedules. Prizes include free child care through CYS, certificates to restaurants for lunch, spa treatment certificates, family passes to Country Stampede and more. To enter, spouses of deployed and unaccompanied tour Soldiers need only bring a copy of their Soldier's orders to their Neighborhood Office and fill out an entry form. On the back of the entry form is a space where we encourage you to let us know how we can better serve our customers and support our Soldiers and families during

deployments. Please join us at this Down Range Day Off luncheon and drawing. While you need not be present to win come enjoy some good food and friendship with other resident spouses.

Your Voice Matters - Headquarters, Department of Army Resident Assessment Survey 2007
 The "Headquarters Department of the Army Resident Assessment" can still be mailed in. If you have not completed your survey please do so. Blank surveys can be picked up at your Neighborhood Office.

# Neighborhood Office Hours -

We have changed our weekend Neighborhood Office hours. We are open Saturdays 10:00-5:00pm and Sundays 1:00-5:00pm. Please feel free to stop by or call your Neighborhood Office on the weekends, we are here for you.

#### **Public Work**

#### Natural Resources-Related Recreation:

- Cameron Springs and Moon Lake were each stocked with 500 pounds of rainbow trout on 12th April
- o A Kansas Trout Stamp is required to fish for or keep trout in either lake.
- o Kansas Fishing license is also required for all anglers between the ages of 16 and 65.
- Some Fort Riley Spring Turkey Permits are still available. A Kansas Hunting license, Fort Riley hunting access permit, and Kansas Unit 2 turkey tag, and a hunter education certification (unless exempt) are also required to hunt turkeys.
- Persons hunting for morels (wild mushrooms) are reminded that they may only access open outdoor recreation areas. The Impact Area and the MPRC are ALWAYS CLOSED to recreational access and other locations on post frequently are. Failure to comply could result in fines or serious injury.
- All Fort Riley and Kansas licenses, permits and tags may be purchased at the Conservation Office, Building 1020, during normal duty hours. Contact 239-6211 for more information.

# Hunting and Fishing:

- The last stocking of trout for the season will be April 15th at Moon Lake.
- Spring turkey permits for Fort Riley are still available at the Conservation Office, bldg 1020. For additional information, call 239-6211.
- A youth turkey hunt for dependants of deployed soldiers is being organized by the Fort Riley Outdoorsman Group. For additional information, contact 239-2214.

#### **Energy / Water Conservation:**

- Funds saved in the energy account go to improving the quality of life for soldiers and families.
- Authorized thermostat settings for cooling season are 76 to 80 degrees.
- Keep windows and doors closed when the cooling system is energized to keep out summertime humidity.
- Turn off computer monitors, appliances and lights when not needed

#### **American Red Cross**

The American Red Cross will begin our Summer Volunteer Youth program on Monday June 4<sup>th</sup> until Friday July 27th. Youth Volunteer Packets can be picked up at the American Red Cross office in the SFSC Building 7264 Normandy Drive from 8:00am-4:00pm on May 7th until May 25th. Call 239-1887 for more details.

#### **Boy Scouts**

To join, contact 238-5684 for more information. The Boy scouts web page is located at Coronadoscout.org. Current scouting information can be found there.

# **Girl Scouts of Kaw Valley**

If you are interested in being a Girl Scout leader or a Girl Scout please contact 1-800-432-0286 ext 44 or cbryant@girlscouts.net. We are always looking for Adult Leaders and volunteers to help out with the Service Unit Team Meetings. The Girl Scout website is <a href="www.girlscouts.net">www.girlscouts.net</a> where many other events can be found. We are always looking for adult volunteers to help with special events if you are interested please contact 1-800-432-0286 ext 44.

# Armed Services YMCA (ASYMCA)

Take advantage of our **childcare programs**, while your children are enjoying there day with fun filled learning activities, and socializing with other's you are able to take time for yourself knowing your children are safe, and well cared for. Please contact the ASYMCA for more information. Reservations are required one week in advance for all childcare programs.

# Parent's Day Out programs

Monday-Friday 11:00am-3:00pm

Friday Night Out

Fridays 5:30-10:00pm

You must provide a sack lunch/Dinner and a snack for your children

\$7.50 1st child

\$8.25 for children under 2

\$6.75 per additional child

\$7.50 per additional child under 2

Parent's Work Out: A new and exciting program that gives parent's the availability to go to the gym,

knowing that their children are being well cared in a safe environment.

Monday through Friday, 8:30-10:45pm.

Please provide a snack for your child

\$2.50 1St child

\$1.75 Per Additional child

\$3.25 Children under 2

\$2.50 per additional children under 2

All childcare program prices are for the entire program. This is not an hourly rate.

# Armed Services Summer Camp

All School Age Children Sign up for Classes begins April 30<sup>th</sup> 2006

All School Age Children

Monday through Friday, 11:00am-3:00pm, \$35.00 per Week

#### June

Week 1: 4th-8th

#### Border Exploration

This week will help the kids to expand their minds and learn that their home is not limited! They will get to see, hear, and taste the cultures from around the world.

Week 2: 11<sup>th</sup>-15<sup>th</sup>

• **Giddy Up** Ride-m-Cowboy, what was the Wild West really like, this week we will experience what the cowhands ate while they were on the trail. Learn about farming and how animals took part in the Wild West. Don't be surprised if we might get a visit from a real live horse.

Week 3: 18th-23rd

# **Step into Storybooks**

Ignite your child's imagination while we embark on a journey exploring several classic storybooks. Your child will have a blast participating in fun games centered on his or her favorite storybooks.

Week 4: 25<sup>th</sup>-30th

# **Explore the Galaxy**

Be ready for the blast off will learn how to make space drinks, a lunar rocket, gravity detectors and much more! Will expand the imagination to get prepared to travel into outer space and what we might see when we get there.

# July

Week 1: 9<sup>th</sup>- 13th

#### **Fantasy World**

Buckle up, because this week we will be investigating favorite fantasy legends. Crafts, games, and snacks will be themed around favorites such as the Chronicles of Narnia and Harry Potter.

Week 2: 16<sup>th</sup>-20th

### Super Hero's

Nothing is better than a good superhero. Everyone knows that Superman and Spiderman are the coolest. During this week we will have the chance to learn about these fictional superheroes - and meet some of our local superheroes. Learn what we can do to be super heroes within our families and community.

Week 3: 23<sup>rd</sup>-28th

### **Prehistoric Times**

Walk with the Caveman and the Dinosaurs will explore the past. We will experience what is like to hunt for the things you need by having a scavenger hunt.

Week 4: 30<sup>th</sup>- 3<sup>rd</sup> of August

#### **Blast from the Past**

This week will focus on activities that your parents may have done at summer camp. That's right no computers, no video games just good old imagination.

• **Dance**: We offer dance classes **every Monday Night** from 4:00-5:45pm for all children between the ages of 2 ½ to 6. \$25.00 per Month

# Building Rentals

The ASYMCA is available for your FRG Meetings free of charge with the availability for childcare on site for a minimal fee. Call to schedule.

Need a place to hold a Kid's Birthday Party, Baby Shower, Bridal Shower, Cub scouts, or Girl scouts. We offer our building for rentals. \$25.00 for 3 hours.

- Car Seat Loan Program Geico insurance has provided us with car seats that we are available to loan for 1 month at no fee. The seats accommodate newborns to children up to 40 pounds.
   Memorial Services: The ASYMCA provides free childcare to anyone attending a memorial service for our fallen soldiers.
- Operation Kid Comfort Come join us to learn how to make your children a quilt. This program is available to those families of a deployed soldier. They consist of 8 pictures of your choice, (mommy, daddy, pet) they are to provide comfort to the children of deployed soldier. This is a free program so don't miss out call today and sign up.
- **Deployment Childcare** The ASYMCA provides free child care two Saturdays a month from 1:00-4:00pm. For more information on this program please fell free to contact us at 785-238-2972.
- Operation Wheels Free transportation service for activity duty military or their dependents living on Fort Riley or in Junction City. This is available for those that do not have a vehicle or for those who do not drive. We will provide 4 round trips per month at no charge to active duty or their dependents. The following locations are available for transportation:
  - o WIC Bldg. #7264

ACS Bldg #7264

Irwin Army Hospital Bldg #600

Self Help Bldg #289 Post Chaplin Services

Respite Care at ASYMCA

Geary Community Hospital

Junction City Health Department

Appointments: Please call 24 hours in advance at 762-4780 to schedule a pick-up.

For more information- Please call 238-2972, email asymca@nqks.com, or stop by at 111 East 16th Street, Junction City, Ks.

#### **United Way of Junction City-Geary County**

Geary County provides support services for the military community through 14 local Not-for-profits. If any service members or their families are in need of these services, these are the programs provided through United Way and contact numbers. Contact the United Way at 238-2117, director@unitedwayjcgc.org or get more information at <a href="www.unitedwayjcgc.org">www.unitedwayjcgc.org</a> <a href="https://www.unitedwayjcgc.org">https://www.unitedwayjcgc.org</a> We are here to help.

• Operation Wheels at Armed Services YMCA: (transportation for military family members to medical appointments) 238-2972 asymca@nqks.com

Fourth Grade Learn to Swim program at the Family YMCA: 762-4780 mailto:ymca@ngks.com

- Scholarship memberships for Girl Scouts: 238-2323 cbryant@girlscouts.net mailto:cbryant@girlscouts.net
- Boy Scout internships for KSU students to fill in for deployed troop leaders: 238-5684 rblack10@cox.net
- New dental clinic for Konza Prairie Community Health Center: 238-4711 michaeldolan@konzapr.kscoxmail.com
- The Crisis Center: (for victims of abuse and sexual assault) 762-8835; (800) 727-2785
   ccijcks@carrollsweb.com
- Legal services for victims of domestic violence through Kansas Legal Services: (785) 537-2943 thompsong@klsinc.org
- o The Open Door: (emergency shelter) 238-3599 opendoor@nqks.com
- o **The Food Pantry**: (emergency food) 762-8830 <u>Lisa3355@yahoo.com</u>
- Smarter Fun in the Sun: (summer activity for Boys and Girls Club) 717-4020 marycaystauffer@usd475.org
- o Transportation for Special Olympics participants: 209-1996 itgjeh2003@yahoo.com
- o **Emergency aid** for victims of disasters by the Red Cross: 238-3163 stagnerP@usa.redcross.org
- Security checks for volunteers with Big Brothers Big Sisters: (adult mentors for at-risk children):
   238-1650 rcrenshaw@ksbbbs.org
- Volunteer recruitment for CASA: (Court Appointed Special Advocates for children) 762-3907 gearyctycasa@hotmail.com

# Kansas Children's Service League

May is National Foster Care Month. Across the country and here in Kansas people just like you are helping children in foster care build brighter futures by serving as their foster parents, relative caregivers, and advocates. But much more help is needed. In Kansas some 6,000 children each year need the care and support of foster families. You can change a lifetime. Help support our states most vulnerable children so they may realize their full potential. Learn more by calling 877-530-5275 or by visiting the Adoption & Foster Care section of our website.

#### **Thrift Shop** bldg 267, phone 784-3874 fortrileypostthriftshop@yahoo.com

- Every Thursday is **Dollar Daze** on select items at the Thrift Shop.
- **Need volunteer** hours for school or just have extra time on your hands? Come volunteer at the Thrift Shop. We will pay up to \$50.00 per month per family for the volunteer childcare. All volunteers receive 25% off on all Thrift Shop property.
- Hours of operation have changed.

Tuesday and Thursday 9:30am-2:30pm

Wednesday 12:00-6:00pm

1<sup>st</sup> and 3<sup>rd</sup> Saturdays 10:00am-1:00pm

Call and check to see what items we are not accepting for the week.

Consignment Hours

Tuesdays and Thursdays from 9:30am-1:00pm

Wednesdays from 2:30-5:30pm

Saturday from 10:00am-12:00noon

# <u>Historical and Archaeological Society of Fort Riley (HASFR)</u>

- The **Custer House** has never looked better, and is a bargain to rent for your entertainment needs. You may have use of the elegant and historical B-side complete with working kitchen facilities for \$35.00 for non-members and \$25.00 for members. There is also a \$50.00 refundable cleaning deposit required. It is available to any ID card holder, just call 784-2445.
- Have you walked through Historic Main Post and wondered about what makes it "historic?" Well,
  drop by Custer's Cottage located in the Cavalry Museum and take a look at some of the books offered
  for sale by HASFR. You can purchase "A Pictorial History," "The History of Fort Riley," or for some
  lighter reading the "Ghosts of Fort Riley" series. Don't forget to check out our Fort Riley souvenirs.

### **Enlisted Spouses Club (ESC)**

**General Membership Meeting:** Wednesday April 25th 6:30-9:00pm to include the Volunteer Appreciation Dinner. We will vote for the new board, it's very important for our members to be present at this meeting; we will also disperse our funds throughout the community.

Looking Ahead - Tuesday May 15th will be our Installation of the new board.

### Officers' and Civilians' Spouses' Club (OCSC)

OCSC May Luncheon – "Trash to Treasure Bingo"

Play bingo for another person's unwanted treasures. For example, your mismatched piece of polish pottery may be trash for you, but another's treasure. You must bring in at least one item to take home an item.

Where: Junction City Country Club

When: May 17th at 11:30am

Menu: choice of Blackened Chicken Salad with Garlic Bread, or Chicken Salad Croissant w/ fruit cup. All meals will also include a strawberry shortcake dessert and water/coffee/tea services. Cost is \$15.00 per person.

Please RSVP by May 9 to <a href="mailto:reservations@fortrileyocsc.com">reservations@fortrileyocsc.com</a>

The next Community Action Council (CAC) will be Wednesday June 20, 2007 at 10:00am Riley's Conference Center Fort Riley, Kansas "America's Warfighting Center"

Announcements for the next "Riley Bugle Call" are due by COB, June 11, 2007, by email to RILE\_ACSSite2665@conus.army.mil or delivered to bldg 7264. If you have any questions call 239-9435.

### **Up coming CAC meetings:**

May 16 10:00am June 20 10:00am CAC will not be held in July 2007